



ASSOCIATE ADVISOR

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Debunking A Myth: Research Study Validates the Value of Agency Staff

“There is no evidence that use of supplemental nurses explains poor outcomes. Agency temps are a resource that can be used for many different reasons, and hospitals need not worry about the quality of care of these nurses” says Dr. Aiken. Recognized as an expert on nursing, Linda Aiken’s research has contributed to the recognition between nursing care and patient outcomes. Her research shows supplemental nurses are generally highly educated, and about half the time, have worked as full-time staff nurses, making them essentially the same group. Her study found that temporary and contract nurses are more likely to hold baccalaureate and higher degrees, more likely to have received their education in the past ten years, making them more likely to have the latest medical knowledge, have experience and qualifications comparable to permanent nurses and allow hospitals to increase the patient-nurse ratio, this improving patient care. In a recently published article in the Journal of Nursing Administration (JONA), Dr. Aiken concludes that nurses employed by staffing companies are as well or better qualified than permanent nurses employed by hospitals and that the higher use of temporary nurses does not lead to safety and quality problems for patients or nurses. The overall message of the study is having more nurses improves patient outcomes, regardless of whether they are temporary agency or permanent nurses.



Dr. Linda Aiken Speaker at MONE

(Above) Terri Weller MS, RN with Linda Aiken Ph.D., RN and Larry Strassner MS, RN, CNO at Franklin Square Hospital. Dr. Aiken was the keynote speaker at the spring meeting for Maryland Organization of Nurse Executives.

CMS Moves to New Office Location in Timonium, MD



Please stop by for a tour of the new office located at 2401 York Road in Timonium. We are enjoying our new location with ample work space for the HR, scheduling and finance teams. The new office is located directly on the east side of York Road between Padonia Road and Timonium Road. From I-695, take 83N via Exit 24 toward Timonium/York PA. Take the Padonia Road East exit (Exit17) to York Road. Turn right onto York Road/MD-45. Drive approximately 1/4 mile and turn left at 2401 York Road (on the corner of East Main Blvd and York

Road). We have a large training room to host our clinical orientations and continuing education classes including CPR, ACLS and PALS.

UPCOMING CMS EVENTS



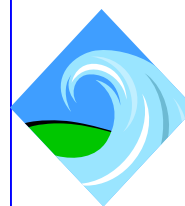
Feeling Crabby? Join us for the Annual CMS **Crab Feast** on Wednesday, **September 10 at 6PM** on the deck of Kahler’s Seafood Restaurant in Rose-

dale. Don’t miss the popular sell-out event. Please call the office and request a RSVP form. We need to know how many crabs to order! Cost \$20/person.

PALS One Day Recertification



A one-day PALS recert course will be offered at CMS on **Tuesday, September 16**. The instructor is Scott Parrott. The cost is \$185 for the course and \$25 for the book. Pre-registration is requested.



Conference by the Sea

Mark your calendar now for the 28th Annual Respiratory Care Providers Conference by the Sea at the Carousel Hotel in **Ocean City, MD** from **September 10-12, 2008**. Perry Limes will be hosting a CMS Vendor Booth at the conference and looks forward to seeing many of our RCP’s at the event. Group hotel discount may be available.

Fall Trip to Aruba



Many associates, clients, family & friends already have their US Airway seats reserved for our fall destination trip to Aruba in **October**. We still have some room for the 5 day, 4 night all-inclusive package available at the Occidental Grand Aruba Resort. Easy payroll deduction plan is available. Call the office for details.



Annual Holiday Gala

Save the date on your calendar for the annual event on Saturday, **December 13**. We have selected a new downtown location at the 1840’s Ballroom on Front Street. The ballroom has room for 400 guests and we plan to dance the night away! Invitations will be mailed early fall. We are seeking donations for the silent auction to raise funds for Health Care for the Homeless.

Happenings at CMS!

Welcome! Our CMS office family continues to grow! A warm welcome to Liz Erlich, Kate Semler, Megan Tomlinson, Karma Sandle and Lisa Bailey who recently joined our team. Our newest schedulers, Liz & Megan have had previous clinical experience in the field of psychology but prefer the administrative responsibilities related to health care; Kate has had management experience in the publishing field, and Karma brings her past experience as a medical office manager to CMS. Lisa Bailey has joined the office team as a Human Resources Support Specialist. Lisa has had previous experience in the HR field. Welcome to our new team members!



(L) Jeff McClure, Mary Blake (Center) & Terri Weller (R)

CMS Celebrates Office Service Awards!

Congratulations to **Mary Blake** who is celebrating her fourth year of service with CMS. Way to go, Mary! Thank you for your dedicated service and commitment to all of our clinical associates and hospital clients. Mary plans to assume responsibilities as an Account Manager working in business development.

Congratulation to **Sharon Filson**, Scheduling Coordinator, and **Diane Kowal**, Operations Support Specialist, who are celebrating their first CMS service anniversary. Thank you both for the great job you do every day!

Congratulations to **Toni Torsch**, Off-hours Scheduling Team Leader, as she celebrates her sixth year of weekend and overnight service. Way to go, Toni! Thank you for answering all of those late night, early morning calls!

Nurses Week 2008: Client Visits Galore to Celebrate CMS Nurses!

Our office staff greatly enjoyed the opportunity to visit many of our RNs hard at work out in the field. CMS nurses could easily be spotted donning their new navy blue CMS messenger bags! We thank you for your dedication and commitment to the patients you serve. If you haven't received your nurse week gift, please call us or stop by the office.



Corrina Valenti RN and Pete Travers BSN, RN




6th Annual Golf Outing Twenty CMS associates and friends braved a challenging course and showed off their golf skills on May 8, 2008, at the Francis Scott Key Golf & Country Club in Finksburg, MD. The golfers then celebrated with happy hour at the Full Moon Pub & Grill.

CMS Announces our First International Travel Assignment!

Our very own **Marina Giorgakis RN** is currently on assignment in Switzerland taking care of a patient through Johns Hopkins Hospital International Services. Marina is enjoying her assignment in the Swiss Alps and in her free time has been taking in the fresh mountain air! She writes "the Swiss countryside of Gstaad is absolutely amazing! The family has been gracious and accommodating so far." Congratulations to Marina for being such a wonderful CMS ambassador abroad! We look forward to her return to the states!

The Joint Commission Announces 2009 Patient Safety Goals



Major changes for 2009 include three new hospital and critical access hospital requirements related to preventing deadly health care-associated infections due to multiple drug-resistant organisms (MDROs), central line-associated bloodstream infections and surgical site infections. These additions build on an existing National Patient Safety Goal to reduce the risk of health care-associated infections, and recognize that patients continue to acquire preventable infections at an alarming rate within hospitals. The new requirements related to central line-associated bloodstream infections also will take effect for ambulatory care facilities and office-based surgery practices, home care organizations and long term care organizations. In addition, prevention of surgical site infections will be a new requirement for ambulatory care facilities and office-based surgery practices. These new infection-related requirements have a one-year phase-in period that includes defined milestones, with full implementation expected by January 1, 2010.



CMS Family Camping Trip

Over 50 CMS employees, family, and friends enjoyed the great outdoors on the annual camping trip at Lake Raystown Resort, Pennsylvania, the weekend of July 25-27, 2008. The beautiful weather brought everyone outside for hiking, boating and a few trips down the water slide! Campers enjoyed Saturday night around the campfire and finished the trip with a breakfast aboard the Proud Mary Riverboat Sunday morning.

FYI...

“On Bended Knee...”

Bryan Torres popped the question on bended knee to **Dinah Strickhouser** and Dinah said yes! Congrats to you both!



Congratulations to **Kim Montgomery** on her engagement! Kim is planning a destination wedding in spring of 2009.

Best wishes to **Bonnie Rosenthal** and fiancé on their upcoming nuptials!

“To Have and To Hold...”

Wedding bells were ringing in the Bahamas when **Nikki Wicklin** married Jeff Curtis in March. Congrats Mr. & Mrs. Curtis!



Corrina Welch walked down the aisle in June and married Anthony Valenti. The happy couple honeymooned in Cancun.

Danny Braswell has tied the knot! Danny was married to Veronica Curry in June. Wishing many years of happiness to the Braswells!

“New Arrivals ... “

Audrey Kennedy delivered daughter, Piper Louise, on June 4, 2008. Big brother Grayson and proud Dad,



George, are thrilled with Piper’s arrival. **Mel Dodson’s** family grew on April 14, with the addition of baby Benjamin Garrett, weighing 7’8oz (20.5”) Congratulations to **Victoria Longo** on the arrival of grandson Aiden Christopher on April 30, 2008. (8’6 oz, 21”) **Carole Bush-Binaut** became a proud grandmother with the arrival of Nicholas Browning on June 14, 2008. (7’7.5 oz, 21”)



“...& Great Expectations”

Lisa Lesane and **Rachael Schlein** will be welcoming new additions to their families later this year. Best wishes!

Condolences to...

Our sympathies to **Debbie Marsch** on the loss of her brother, **Hank Mathias** on the passing of his father, **Cynthia Washington** on the sudden loss of her grandson, **Monica Smith** on the passing of a loved one.



Get Well Soon...



Wishing a speedy recovery to our ‘CMS family’ members who have recently had injuries, illness, or surgery: **Beth Powers, Hank Mathias, Karma Sandle,**

Kim Shaneybrook, Lee Brown, and Kevin Lawrence.

Congratulations to... David Ber-

man RN who earned his master’s degree as a Nurse Practitioner; **Amy Titmus RN** who earned a master’s degree in Health-care Education; **Michele Postol, Mike Hamburg** and **Pete Travers** who each earned a BSN; **LT Matt Kennedy**, son of **Deb Kennedy**, who graduated from the Air Force Academy; **Summer O’Malley**, daughter of **Cyndi Ross**, who earned her bachelor’s degree; **Stephanie Kowal**, daughter of **Diane Kowal**, who graduated from University of Maryland; **Jared and Jordan Hoel**, son and daughter of **Cindy Hoel** on graduating high school. **Erin Waetjen** who will attend Johns Hopkins Nursing School starting this fall.



Kudos to...

Maria Comi RN who received a note from a patient at GBMC describing her as “best nurse a patient could hope to meet.”

Tonya Houck RN who was complimented by the OR nurse manager at Good Samaritan Hospital for her assessment, rapid response and intervention in the ER.

Linda Base RN who received a letter from the parent of a pediatric patient expressing that Linda’s help and care “made a difference.”

Becky Domico RN for providing exceptional care to a patient in the Franklin Square ER.



Catherine Hamill RN who was complimented from a patient at Franklin Square for her caring, compassionate and respectful manner.

Sarah Caro RN who received praise from the school nurse at William Paca/Old Post School for “the warm rapport” she developed with a special needs child.

April (Kaminkow) Gast RN for her excellent customer service in “extending a warm welcome to everyone” on a busy night in Franklin Square’s ER.

Kim Montgomery RN who received warm thanks from a private duty patient for her “high standards of professionalism.”

Kris English RN who was “highly commended” by a patient at Franklin Square.

Candace Reynolds RN for successfully surviving a “baptism by fire” in GBMC’s PACU.

A special thanks to the entire staff of nurses from the wife of a hospice patient for “going above and beyond with their kindness:” **Donna Thompson, Soraya Sina, Margaret Mensa, Kelly Lettich, Denise Rott, Kim Montgomery and Kathleen Wirth.**

Cross Training to Emergency Nursing...

Rob Dobby RN is available to mentor CMS critical care nurses who are interested in expanding their clinical expertise in emergency nursing. Rob will meet any



interested RN to assist in clinical orientation. Two years critical care experience and ACLS are required in order to be eligible for this opportunity. Call us today if you are interested....

News from Business Development

CMS is pleased to announce partnerships with the following:

ARC of Baltimore

Evercare Hospice

FluBusters

Heart Associates

Orthopedic Associates of Central MD

Summit Health

WhiteSquare Vascular Surgery



2008 Quarterly CPR

October 2nd & November 22, 2008

2401 York Road, Timonium, MD

Call CMS to register today 410-321-4267

ACLS

1 DAY Recertification: 10/29, 12/10

2 DAY Full Course

10/27 & 10/28, 12/8 & 12/9

Cost to CMS Associates: \$75

PALS

1 DAY Recertification: 9/16

Cost to CMS Associates: \$185

"Any fact facing us is not as important as our attitude toward it, for that determines our success or failure."

- Norman Vincent Peale



Pre-registration is required for ACLS and PALS

Call today for an enrollment form

Chesapeake Medical Staffing
2401 York Road
Timonium, Maryland 21093

Committed to Excellence in Nursing & Allied Health

We're on the web www.cms24-7.com Phone: 410-321-4267 Toll free 1-866-321-4267 Fax: 410-321-4980
Email: info@cms24-7.com ***Please Note New Address 2401 York RD, Timonium