



CHESAPEAKE
MEDICAL STAFFING

ASSOCIATE ADVISOR

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SPRING, 2008

CMS Raises More Than \$25,000 for Health Care for Homeless



Pictured above left to right: Jeff Singer, CEO for HCH, Kevin Lindamood, VP, External Affairs for HCH, Jeff McClure, CFO for CMS & Terri Weller MS, RN, Chief Nursing Officer for CMS.

CMS proudly presented *Health Care for the Homeless* with a check for \$25,000 on December 15, 2007 at the annual Holiday Gala. After adding in the silent auction proceeds and all in-kind donations, the final amount exceeded the goal of \$25,000. More than 150 CMS associates, hospital clients and friends danced the night away at the Gramercy Mansion. The goal to increase the efforts of the previous year was exceeded as generous associates and clients poured open their hearts and wallets. We are grateful for the generous donation from every CMS associate. It is your contribution that collectively added to the total contribution. The evening included a gourmet menu by Carlton

Caterers, the ever popular silent auction, and, of course, the conga line led by CJ Marbley. A professional photographer was on site to photograph the event. Feel free to visit our web site for the link to Kemp Images to view and purchase photos from the evening. **SAVE THE DATE** now for **December 13, 2008** to help us raise funds for *Health Care for the Homeless* at a great new downtown location!

The Joint Commission 2008 Patient Safety Goals



The 2008 requirements have a one-year phase-in period that includes defined expectations for planning, development and testing ("milestones") at 3, 6 and 9 months in 2008, with the expectation of full implementation by January 2009.

Goal 3E: Reduce the likelihood of patient harm associated with the use of anticoagulation therapy. Anticoagulation is a high risk treatment, which commonly leads to adverse drug events due to the complexity of dosing these medications, monitoring their effects, and ensuring patient compliance with outpatient therapy. The use of standardized practices that include patient involvement can reduce the risk of adverse drug events associated with the use of heparin (unfractionated), low molecular weight heparin (LMWH), warfarin, and other anticoagulants.

Goal 16: Improve recognition and response to changes in a patient's condition. A significant number of critical inpatient events are preceded by warning signs for an average of 6 to 8 hours. Critical events such as cardiopulmonary and respiratory arrests or changes in patients' vital signs are estimated to occur in 4% to 17% of inpatient admissions. Early response by a specially trained individual(s) to changes in a patient's condition may reduce cardiopulmonary arrests and patient mortality.



National Nurses Week May 6-12

"A nurse is a rare combination... a scientist in command of a complex body of knowledge, and an artist whose work touches the human soul."

All of us at CMS applaud the great work you do every day!

Nurses Week Golf Outing

Join us on Thursday, **May 8**, as we celebrate Nurses Week at River Downs Golf Course with a 1pm shotgun start. Even if you don't play golf, join us for Happy Hour at 6 pm at the Full Moon Pub & Grill in Reisterstown.

Whitewater Rafting

Our thrill seekers are heading to the Cheat River in Ohio, PA for a great day of whitewater rafting on Saturday, **May 17**. You may drive up for the day or spend Friday and/or Saturday night nearby in a quaint motel.



Family Camping Trip Mark your calendar now for **July 25 -27** for a weekend in the great outdoors. Tents, cabins & RV sites are all available at Raystown Lake Resort & Lodge in PA. Check out their web site for details (www.raystownresort.com).

September Crab Feast Join us for the Annual CMS Crab Feast to be held on Wednesday, **September 10** on the deck of Kahler's Seafood Restaurant.



Allied Health Trip to Aruba

Many associates, clients, family & friends already have their US Airway seats reserved for our Fall destination trip to Aruba in **October**. We have 4 & 7 night all-inclusive packages available at the Occidental Grand Aruba Resort. Easy payroll deduction plan is available.



Annul CMS Holiday Gala

Don't miss the annual Gala on Saturday, **December 13** as one of your holiday parties. We have selected an exciting new downtown location at the 1840's Ballroom on Front Street. The ballroom has room for 400 guests and we plan to dance the night away!



We're Moving to a New Location: 2401 York Road



CMS is moving on April 21 to a new office location at **2401 York Road in Timonium**. The new office is located directly on the east side of York Road between Padonia Road and Timonium Road. From I-695, take 83N via Exit 24 toward Timonium/York PA. Take the Padonia Road East exit (EXIT 17) to York Road. Turn right onto York Road/MD-45. Drive approximately 1/4 mile and turn left at 2401 York Road (on the corner of Main ST and York Road). **PLEASE NOTE OUR NEW ADDRESS: 2401 York Road, Timonium, MD 21093 effective 4/21/08.** We are excited to be expanding to a spacious building! We'll host an open house/happy hour to welcome everyone to our new office location once we are settled.

Happenings at CMS!

Welcome! We have expanded our CMS office family. A warm welcome to **Erin Waetjen, Sharon Filson, Diane Kowal, Art Kuwbara, Kristen Yanuk, Audrey Kennedy and Bish Bates** who joined the CMS office staff in 2007.

Congratulations! **Pete Travers RN** and **Rob Domby RN** have joined CMS as Clinical Directors. **Tammy Beal** has been promoted to Human Resources Support Specialist and **David Myers** has been promoted to Travel and Contract Specialist. **Cindy Hoel** has been promoted to Assistant Manager of Scheduling Operations. **Emme Steinke** is now scheduling in Allied Health. Congratulations to **Felicia Cooney** who delivered Alana Grace on December 17, 2007. Felicia plans to stay at home as a full-time mother and we wish her all the best!



CMS Celebrates Office Service Awards! Congratulations to **Robin Dulaney** who is celebrating her third year of service with CMS. Kudos to **Tammy Beal, Cindy Hoel, Ryan Valeri, Christine Allred, Melanie Langkam, & Perry Limes** who are celebrating their second year of service with CMS. Way to go, Team! Thank you for your dedicated service and commitment to all of our clinical associates and hospital clients.

CMS Tenure Awards Program

Show me the money! We are very pleased to continue to offer our associates a **\$2,000 raise every year** (every 2,000 hours of employment). You may take that amount as an hourly pay increase, an employer 401(k) match, paid employee health insurance or build a paid-time-off bank! **The longer you work for CMS, the higher rate of pay you will earn!** It's that simple - stick with CMS and earn more every year. Guaranteed! We appreciate the loyalty and dedication of our clinicians and we take our responsibility as your employer very seriously. We have grown to be a reputable health care staffing agency as a result of your stellar clinical performance. Our JCAHO certification assures you of many solid employment opportunities today & in the future both within and beyond the hospital walls.



CMS Cookbook "Recipes from the Galley"



CMS enthusiastically invites all associates, friends & clients to continue to support our fundraising efforts for *Health Care for the Homeless*. We have published the first edition of a collection of the best "above board" recipes ever! Cookbooks are \$10 each and you may pick one up at the office or order on-line from our website. What a great gift for Mother's Day! Second edition planning is in the works. Special thanks to **Deb Kennedy RN**, who has anchored this project and sold over 100 cookbooks herself!

CMS Sponsors Spring Critical Care Conference

More than 250 critical care nurses from the local Baltimore & DC area gathered for the 19th Annual Symposium of the Chesapeake Bay Chapter of the Association of Critical Care Nurses (ACCN) on March 12 & 13, 2008 at the Conference Center at Sheppard Pratt in Towson. The opening keynote speaker was Caryl Goodyear-Bruch RN, PhD, CCRN, President Elect AACN whose topic "Reclaiming Our Priorities" set the pace for the rest of the conference. The second keynote address, on March 13, was delivered by Lisa Rowen, RN, DNSc who spoke of the importance for critical care nurses to be "Working in a Healthy Work Environment." Chesapeake Medical Staffing presented canvas tote bags for all conference participants. The lucky winner of the CMS raffle (designer Coach handbag) was Sandy Loveleace RN, who works in the CSICU at UMMS. The Chesapeake Bay Chapter is hosting a CCRN & PCCN review course on April 15 -17 which is open to members and non-members. Please contact Karen Droter @ MDroter@aol.com for details.



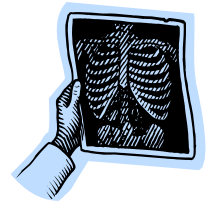
Chesapeake
Bay
Chapter



Recruitment Team at Critical Care Conference (left to right) included Rob Domby, Pete Travers, Terri Weller, Robin Dulaney and David Myers

Allied Health News

From the desk of Robin Dulaney: I would like to thank all of our dedicated associates for their outstanding work ethic, professionalism and contributions in making CMS a success. We consistently receive high praise from our clients that our associates exhibit dependability and technical expertise resulting in excellent patient care delivery. It is your efforts that have enabled us to achieve our success over the past 6 years. We are proud to have each and every one of you as part of our team. Happy 6th Anniversary to the Imaging division of CMS!



We would like to warmly welcome our newest clients to the CMS family: **Chesapeake Urology Associates, Laurel Radiology Services & Chesapeake Medical Imaging.** We are working on expanding our territory and always looking for great clinicians to fill new assignments. We are recruiting in all modalities of Imaging but are particularly interested in Ultrasound and Cat Scan technologists.

Rad Tech Week '07 was a huge success! We hope all our associates had an opportunity to indulge in the goodies that CMS provided to the departments for that special week last fall. Mark your calendars for our trip to Aruba this year as we celebrate National Imaging Week!

From the desk of Perry Limes: Don't look now but 2007 is getting smaller in the rear view mirror and we are well on the road of 2008. Last year, we had many exciting changes and developments take place. However, CMS is looking to raise the bar even higher this year. We are already into Spring and great things are happening in the world of Respiratory Care. We are adding new clients to our growing client base. We warmly welcome **Franklin Square Hospital, Carroll Hospital Center & Northwest Hospital.** Our associate roster is growing with dynamic new therapists; some seasoned to the world of supplemental staffing, others brand new to the agency arena.



There are a number of big events coming on the horizon. One of the biggest in the realm of respiratory therapy is the upcoming **Conference by the Sea at Ocean City in September 2008.** It is one of the largest events for respiratory care professionals on the East coast. Please look out for CMS booth at the conference. We are currently recruiting respiratory therapists with experience in long term care, critical care, neonatal, pulmonary function, and polysomnography. In addition, we are looking for therapists licensed in Washington D.C., Virginia, Pennsylvania and Delaware. We are looking forward to making 2008 one of our best years ever in Allied Health.

Excellence, Service & Loyalty to CMS

A special thank you to all of our associates for your many hours of clinical practice as a CMS employee. We value the trust you place in us as an employer and take that responsibility very seriously. We recognize you have many choices of agencies from which to choose in today's market. Please accept our sincere appreciation for your continued support and commitment. We know our associates are our best ambassadors!

Kudos to the CMS clinicians who have cumulatively reached significant milestones as CMS employees. For the 3rd and 4th time, these associates have increased their compensation package as loyal CMS associates. Please give a round of applause to our 6000 and 8000 hour recipients.

6000 Clinical Hours

- Chris Hamp RN
- Gerry Guzman RT
- Stacy Plasse RN
- Kim Vest RN
- Chris Balcar RN



8000 Clinical Hours:

- Barbara Stallings RT
- Nikki Wicklin RN
- Nicole Henriques RT
- Lisa Himmel RN

CMS 2007 Top Ten Associates

Three Consecutive Years: Mary Zaleski RN, Mark Biagi RN, Steve Chesser RT

Two Consecutive Years: Maggie Ivusich RN, Mark Lilly RT

First Time Top Ten: Chuck Kolodziejski RN, Dennis Campbell RN, Becky Smith RN, Kristi Singer RN & Donna Dixon RN



A sincere thank you to all for the many hours of dedicated service you have worked as a CMS associate.

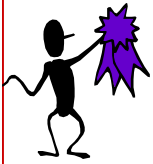
Annual CMS Service Awards at the Holiday Gala '07



Terri Weller & Jeff McClure with Kent Schrack who was recognized for achieving 10,000 hours milestone as a CMS associate at the annual awards ceremony.

A special recognition to **Kent Schrack RN** who has achieved a **10,000 hours** milestone of 5 years of continued service to CMS. Kent and his wife were overnight bed and breakfast guests at the Gramercy Mansion in honor of Kent's service. He received a handcrafted, personalized replica of a schooner sailboat as a tribute for his loyalty and service to CMS.

Kent has specialized his clinical practice in the cardiac catheterization lab. He is a great ambassador for the Imaging Division of Chesapeake Medical Staffing. He and his wife, Cara, enjoy travel and home improvement projects. Their most recent trip was touring Hawaii in '07.



Kudos to...

Cyndi Kraus RN has recently been certified as a Legal Nurse Consultant!

Carrie Parrott BSN, RN passed the Acute Care Nurse Practitioner examination and is now a CNP!

Cyndi Ross BSN, RN has accepted a position as a Clinical Manager of the new Express Unit at GBMC!

Monica Smith RN received a letter from a Patient Care Coordinator at Union Memorial Hospital expressing her appreciation for the "quiet and gentle care of a dying patient in the midst of very busy ED." Monica was recognized for her kindness and respect for the patient's family as she rendered end-of-life care.

Maggie Ivusich RN received a letter of recognition from a patient who was admitted through the ED at Union Memorial Hospital for an emergency cardiac catheterization. The patient expressed his appreciation for a job well done in which he believes saved his life.



2008 Quarterly CPR

July 12th, October 4th
& November 22, 2008

2401 York Road, Timonium, MD

Call CMS to register today 410-321-4267

ACLS for CMS Associates

1 DAY Re-Cert

4/16, 5/14, 6/4, 8/13, 10/29 & 12/10

2 DAY Full Course

4/14 & 4/15, 5/12 & 5/13,
6/2 & 6/3, 8/11 & 8/12, 10/27 & 10/28,
12/8 & 12/9

Cost to CMS Associates \$75

Pre-registration is required

"Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines... Sail away from the safe harbor... Catch the trade winds in your sails... Explore... Dream... Discover."



Mark Twain

Chesapeake Medical Staffing
1122 Kenilworth Drive Suite 107
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Committed to Excellence in Nursing & Allied Health

We're on the web www.cms24-7.com Phone: 410-321-4267 Toll free 1-866-321-4267 Fax: 410-321-4980
Email: info@cms24-7.com

***Please note new address effective 4/21/08: 2401 York RD, Timonium